

## Adult First Day Program Notes – 28 November 2021

Tampa Friends continued reading *Walking in the World as a Friend* by Nadine Hoover, focusing on Chapter 7 - "Essential Quaker Structures." Hoover describes Quaker practice as mystical in that "it's our direct experience of and experiment with the Spirit in our lives" which leads to our transformation. Insights revealed are then affirmed by others in the Monthly Meeting and can become part of a Yearly Meeting's Faith and Practice guide. This process reveals how a "Quaker community reflects the measure of individual Friends' faith, practice, and integrity...[and how] we grow in relation to our Meeting's capacity for feedback and discernment." The essential Quaker Structures Hoover lists are Meeting for Worship; Spiritual Companions; Monthly Meeting; Meetings of Ministers, Stewards, or Witnesses; Yearly Meeting Faith and Practice; and Bearing Witness. These function as "a crucible for spiritual transformation within which the shaping and seasoning of Friends' faith and practice is revealed and matures, is recorded and passed on."

There will be no Adult First Day Program for the month of December. Please join us when we restart on Sunday, January 2, 2022 from 9 to 9:45 am, online or at the meeting house. We continue our reading of Chapter 7, "Essential Quaker Structures." There is an accompanying video at the Quaker Religious Education Collaborative (<https://quakerrecollaborative.org/resource/walking-in-the-world-as-a-friend>).